



Towards Independence Sobering Up Unit

REFERRAL TO THE SOBERING UP UNIT

No referral to the Sobering Up Unit is necessary. You can present at any time for assessment. However, referrals are received from several sources such as:

- Family members and friends
- Police (under the Public Intoxication Act)
- Various agencies
- Crisis response services
- Hospitals

A booklet outlining your rights and responsibilities is available.

ADMISSION PROCESS

Clients are assessed on presentation to the unit for the level of risk associated with their alcohol and/or other drug use.

ADVOCACY & REFERRAL

The Sobering Up Unit can provide you with:

- Case management
- Advocacy and referral to accommodation
- Counselling
- Linkages and referral to medical and rehabilitation services

We can also refer you to other services to best meet your needs and link you to a number of in-reach services we have on site.



Towards Independence AOD & Homelessness Services

Administration & General Enquiries: (08) 8110 8500

Sobering Up Unit

62a Whitmore Square, Adelaide 5000

Phone: (08) 8212 2855



COMMITMENT TO RECONCILIATION

The Salvation Army acknowledges the Traditional Owners of country throughout Australia and recognises their continuing connection to land, waters and community. We pay our respects to them and their cultures; and to elders both past and present. Our vision for reconciliation is to be a faith movement committed to equity, freedom and the righting of injustice.





The Service

The Sobering Up Unit is located at 62A Whitmore Square, Adelaide and operates 24 hours per day, 7 days a week.

It is a 30-bed facility which accommodates people 18 and over.

The Sobering Up Unit is a free service which provides support and non-medical detoxification for people assessed as being at risk of harm to themselves or others due to their level of intoxication.

Our Sobering Up Unit staff help ensure the safety of people overcoming the immediate effects of alcohol and/or other drug use through close and frequent monitoring and risk management.

Sobering Up Unit staff encourage people to consider the harms/risks associated with their alcohol and/or other drug use and we offer advocacy and referral to other support services.

WHAT WE OFFER

A safe and supportive environment in which to overcome the immediate effects of alcohol and/or other drug use

Client monitoring for substance use and the impact/s thereby managing risk

Case management, advocacy and referral to meet your other needs

Assistance in meeting your immediate physical needs (appropriate meal, shower facilities)

Information on the risks and harms associated with alcohol and/or other drug use

Alcohol and other drug assessment

Telephone alcohol and other drug information and support to the general public

WHO DO WE SUPPORT?

- People 18 and over
- People at risk of harm to themselves or others due to their level of intoxication

WHAT DOES IT COST?

There is no cost to this service.