

Come to

# FRIDAYS @THE WELL

A SAFE PLACE TO CONNECT AND NURTURE THE SOUL

10:30AM - 12:30PM

- SAFE ENVIRONMENT
- HEALING
- CONNECT WITH OTHERS



GARDENING



PALLET CREATIONS  
PROJECT



PRAYER REFLECTIVE  
STATIONS



SALVOS YOGA



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The  
**WELL**  
at St. Kilda Chapel



Community organisation · Non-profit organisation