



Gosnells Positive Ageing Network – March Session

When: Friday 15 March, 10.00am - 11.30am

As human beings, healthy relationships enable us to lead fuller, richer and more fulfilling lives.

While there are no perfect relationships, there are steps that we can take to improve the quality of our connections with others. Participants will learn the key elements to restoring and maintaining healthy relationships, tools to help improve and nurture relationships and when and where to go for help and support. A light morning tea will be provided.

Bookings are now open.

Venue: Lyal Richardson Hall at The Agonis Building
 Address: 2232 Albany Highway, Gosnells WA 6110
 Telephone: 9391 6038
 Email Address: amc@gosnells.wa.gov.au
 Fees: Free
 Suitable: Seniors



Smart tip

Get free help with sorting out debts

If your debts are getting out of control or you are struggling to make ends meet, it is important to act quickly. Help is available.

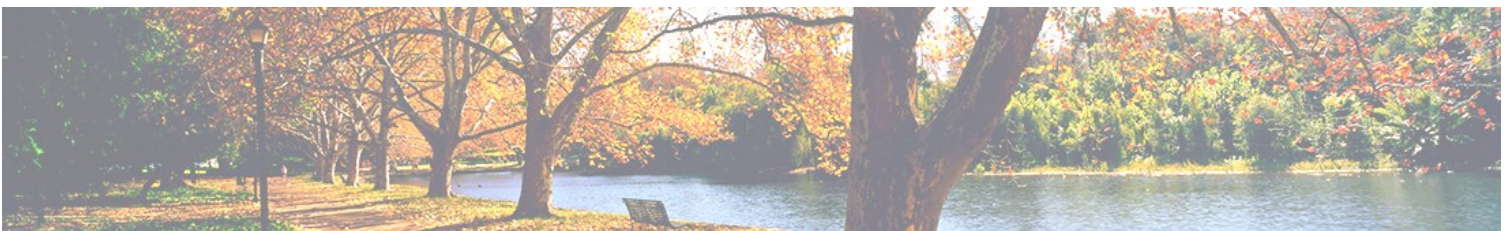
A financial counsellor can help you get a clear picture of your situation, understand your options and work out a budget.

To find a free financial counselling service near you, go to moneysmart.gov.au. Or call the National Debt Helpline on 1800 007 007.



Autumn Festival is a fringe events program that aims to promote the diversity of events, activities and attractions across Perth's Eastern Region during the Autumn months of March, April and May. The EMRC is excited to work in partnership with our member Councils and other community organisations to highlight the region and promote it as a fantastic place to live and visit.

www.perthseasternregion.com.au



Salvation Army
Housing
Emergency / After
Hours Contact

**Emergency -
Ambulance, Fire,
Police Dial 000**

Police Assistance
131 444

Electricity
13 13 51

Water
13 13 75

Gas
13 13 52

State Emergency
Services
13 25 00



Hyde Park Fair

SAT 02 MAR 2019 - MON 04 MAR 2019

Whats not to love about Perth's longest running community fair? It's a weekend filled with live entertainment, arts and crafts, carni-

val rides, international food, workshops and markets.

SAH and Centrelink—Updating Authorities

Thank you to those who have signed and returned the updated. Centrelink Authority. Please remember that if you agreed for SAH to add or change your Centrepay Deductions and then you change them yourself with Centrelink, SAH are no longer permitted to change it on your behalf. You would need to resign an authority to grant us permission again.

SAH Maintenance

Do not wait for your property inspection to report maintenance or faults. Please provide your current contact number when requesting maintenance. If a contractor leaves a message for you, please return the call within 24 hours. If you have arranged a time and day for a contractor to attend and you are not present, you will be charged the call out fee. This fee varies depending on the contractor.

