

## WEEK 2, DAY 10

# Giving is a gift

## ACTION PLAN

Today we're looking at giving. There are many positives to making giving part of our regular financial life - for ourselves and to others. Let's start by thinking about the many gifts we can all give that extend beyond money.

### WHAT GIFTS HAVE YOU GOT TO GIVE?

Take a look at the following pictures. Under each heading, write what gifts you can give. Be bold and generous in listing what you have to give. Because we all have something to give!

(Adapted from: [jeder.com.au/gifts-can-give-community](http://jeder.com.au/gifts-can-give-community))

## GIFTS I CAN GIVE



### GIFTS OF THE HEART

Things I care deeply about, e.g., protection of the environment, civic life, children.



### GIFTS OF HUMAN CONNECTION

Things I do to stay connected to my community, e.g., join an interest group, visit someone, introduce someone I know to someone else with a similar interest.



### GIFTS OF THE HEAD

Things I know something about and would enjoy talking about with others, e.g., art, history, movies, birds.



### GIFTS OF THE HAND

Things or skills I know how to do and would like to share with others, e.g., carpentry, sports, cooking.



### GIFTS OF THE HEEL

Things I do to help me stay grounded and would like to share with others, e.g., meditate, walk, breathing exercises, hang out with friends.

# Be the Boss

GET ON TOP OF YOUR MONEY  
FOR GOOD

**YOU'RE  
THE BOSS**

## HAVE YOU HEARD OF THE COLDPLAY PRINCIPLE?

The video below shows lead singer Chris Martin talking about tithing.  
[youtube.com/watch?v=SrxahZcnqj8](https://www.youtube.com/watch?v=SrxahZcnqj8)



### Reflect

In the Bible we read 'It is more blessed to give than to receive'. Where have you found that true in your own life? How did today's activity help you widen your understanding of the gifts you can give?



### Respond

Think about a story from your own life of a gift you gave (or received) and the impact it had. Then jump on our Facebook group (Be The Boss Online Course) and tell us all - let's start our own waves of generosity!



### Remember

Asking for help is actually a form of giving. When we are brave enough to ask for help, what we are really saying to that other person is 'I trust you, I respect you and I value your opinion'.



### Go deeper

Lots of ideas to explore today!

For more on the benefits of giving, read this: [greatergood.berkeley.edu/article/item/5\\_ways\\_giving\\_is\\_good\\_for\\_you](https://www.greatergood.berkeley.edu/article/item/5_ways_giving_is_good_for_you)

If you're interested in tithing, try Dave Ramsey's introductory article here: [daveramsey.com/blog/daves-advice-on-tithing-and-giving](https://www.daveramsey.com/blog/daves-advice-on-tithing-and-giving)



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