

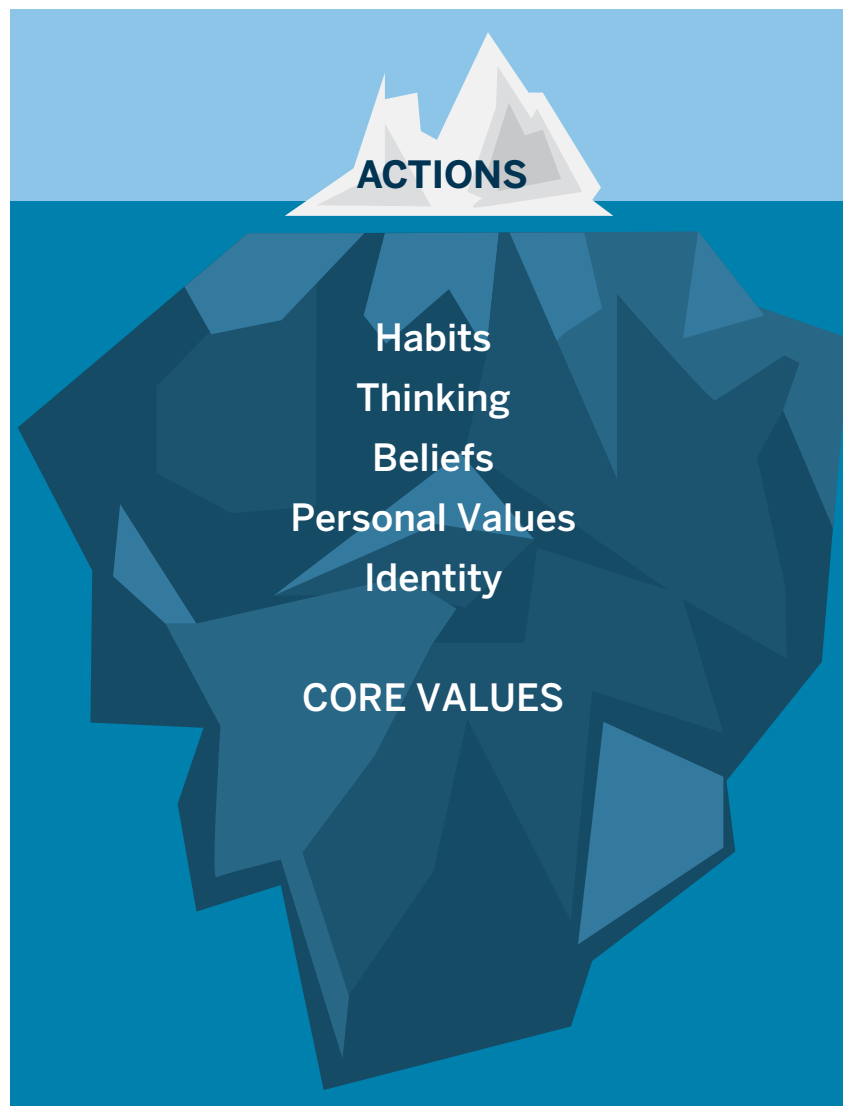
## WEEK 1, DAY 1

# My Money Story

## ACTION PLAN

Our past 'money experiences' affect how we manage our money today. These include our personal experiences, family history and current situation.

You may be familiar with the 'Iceberg Model', which we have found helpful in showing that what we do and what others see is really driven by our deeper attitudes, values and life experiences.



(Source: <http://blog.thegapportal.com/lets-get-to-the-core-of-the-problem>)

# Be the Boss

GET ON TOP OF YOUR MONEY  
FOR GOOD

**YOU'RE  
THE BOSS**

Have a go at the questions below and see if you can crack the code of your own money story!

1. Think of one song/movie title/word or phrase you would use to describe your life with money.  
E.g. "If I were a rich man", "The pursuit of happiness"
2. What's your earliest memory about money?
3. Growing up did you feel rich, poor or neither?

## FAMILY HISTORY

4. How did your family celebrate birthdays and Christmas?
5. Who (if anyone) taught you how to manage money?
6. Who or what has had the biggest influence on your view of money?



### Reflect

What surprised you as you started to unlock your money story?  
What insights did you get about your current money actions and attitudes?



### Respond

We invite you to share your experiences in our Facebook group (Be the Boss online Course) or get in touch with our Moneycare team ([salvationarmy.org.au](https://salvationarmy.org.au)).



### Remember

We're all a work in progress. What has happened in the past doesn't need to determine our future.



### Go deeper

These questions are adapted from our You're the Boss booklet where we explore our money story and cover a whole range of topics aimed at helping us stay on top of our money.

To get a free electronic copy of our booklet please reply to today's email ([youretheboss@salvationarmy.org.au](mailto:youretheboss@salvationarmy.org.au)).



**Moneycare**